

Gear List -20 to 20 C		Daytime Temperature (F/C)					
		Celsius	20	10	0	-10	-20
		Fahrenheit	68	50	32	14	-4
<b>Clothing worn</b>							
Baselayer	Cap1/Craft polypro/HH polypro baselayer	Patagonia Capilene 1	Craft Active Zip	Craft Active Zip	Brynje & Craft Active Zip	Brynje & HH Warm Ice Crew	
Insulating layer	Patagonia R1 hoody			Patagonia R1 hoody	Patagonia R1 hoody	Patagonia R1 hoody	
Windshirt	Patagonia Houdini w hood	Houdini w hood (carried)	Houdini w hood	Houdini w hood	Houdini w hood	Houdini w hood	
Buff	Icebug buff			Icebug buff	Icebug buff	Icebug buff	
Underwear	Icebreaker boxer-briefs	C9 boxer briefs	C9 boxer briefs	C9 boxer briefs	Icebreaker boxer-briefs	Icebreaker boxer-briefs	
Long Johns	Hot Chillys or Cap 4 long johns				Hot Chillys long johns	R4 long johns	
Pants	Mammut Courmayeur pants						
Gloves	DeFeet Wool Duraglove			DeFeet Wool Duraglove	DeFeet Wool Duraglove	DeFeet Wool Duraglove	
Wind/Shell mitt	Camp Wind Mitt'n/OR Snowline mitt/ M/90 mitts			Camp Wind Mtt'n	OR Snowline Mitt	Swedish M90 shell mitts	
Liner sock	Land's End OTC wool/nylon 80/20 ribbed dress socks (as liner)			80/20 dress socks	80/20 dress socks	80/20 dress socks	
VLB/thick sock	VB breadbags, Smartwool/Woolpower/RBH socks			hiking socks	VB/hiking socks	RBH Vaprthrm insulated socks	
Boots	Trail Runners/Danner Mtn Light II boots	wool crew socks	wool crew socks	Danner	Danner	Danner	
Gaiters	Outdoor Research Verglas gaiters	Saucony Xodus	Saucony Xodus	Outdoor Research Verglas gaiters	Outdoor Research Verglas gaiters	Outdoor Research Verglas gaiters	
<b>Clothing carried</b>							
Spare socks	Land's end OTC wool/nylon 80/20 ribbed dress socks (spare)			80/20 dress socks	80/20 dress socks	80/20 dress socks	
Spare socks	VB breadbags and Smartwool socks (spare)			hiking socks	VB/hiking socks	VB/hiking socks	
Spare gloves	DeFeet Wool Duraglove (spare)			DeFeet Wool Duraglove (spare)	DeFeet Wool Duraglove (spare)	DeFeet Wool Duraglove (spare)	
Insulating mitts	Woolpower 400g mitts or Swedish M/90 pile mitts				Woolpower 400g mitts	Swedish M/90 pile mitts	
Spare shell mitts	OR Snowline mitt/ M/90 mitts			OR Snowline Mitt	Swedish M90 shell mitts	OR Snowline Mitt	
Warm hat	Craft XC hat, Woolpower hat			Craft XC Hat	Woolpower 400g hat	Woolpower 400g hat	
Buff	Icebug buff (spare)			Icebug buff (spare)	Icebug buff (spare)	Icebug buff (spare)	
Fleece	Patagonia R1 Hoody/ Mountain Hardwear Monkey Man		Craft XC Hat			Mountain Hardwear Monkey Man *	
Puffy jacket	WM Flight alt. RAB Neutrino Endurance		R1 hoody	WM Flight jacket	RAB Neutrino	RAB Neutrino	
Puffy pants	WM Flight pants				WM Flight pants	WM Flight pants	
Shell jacket	Mammut Gore-Tex Paclite shell	Froggs Toggs Propore	Froggs Toggs Propore	Froggs Toggs Propore	Mammut Gore-Tex Paclite shell	Mammut Gore-Tex Paclite shell	
Shell pants	Mammut Shell pants	Froggs Toggs Propore	Froggs Toggs Propore	Froggs Toggs Propore	Mammut Shell pants	Mammut Shell pants	
<b>Packing/Camp</b>							
Pack (w/ whistle)	Haglofs LIM/MLD Exodus	Haglofs LIM	Haglofs LIM	MLD Super Exodus	MLD Super Exodus	MLD Super Exodus	
Tent	Hilleberg Akto/Nammatj	MLD Cuben Grace Tarp Duo	MLD Cuben Grace Tarp Duo	Hilleberg Akto (outer and footprint)	Hilleberg Akto	Hilleberg Nammatj 2	
Sleeping Pad	Thermarest Prolite 4/Ridgerest	Thermarest NeoAir XLite	Thermarest NeoAir XLite	Thermarest NeoAir XLite	Thermarest NeoAir XLite/Ridgerest	Thermarest NeoAir XLite/Ridgerest	
Sleeping Bag	WM Summerlite (32d) WM Apache (15d) or Marmot Col EQ (-20d)	WM Summerlite	WM Summerlite	WM Summerlite	WM Apache	Marmot Col EQ	
<b>Cooking</b>							
Stove	Svea 123R or Snow Peak canister	Snow Peak Gigapower	Snow Peak Gigapower	Snow Peak Gigapower	Svea 123R	Svea 123R	
Pot	2l or 900ml Snow Peak pot	900ml	900ml	900ml	2000ml	2000ml	
Utensil	Snow Peak Spork	Snow Peak Spork					
Lighter	Bic lighter	Bic lighter					
Food storage	Aloksak + Stuff sack + Rope	Aloksak + Stuff sack + Rope					
Bottles	2x plastic 1l	2x plastic 1l	2x plastic 1l	2x plastic 1l	2x Nalgene 1l	2x Nalgene 1l	
<b>Misc</b>							
Headlamp	Petzl Tikka XP	Petzl Tikka XP					
Water Purification	Aqua Mira alt. filter	Aqua Mira 2x1 oz.					
First Aid	Bandages, moleskin, antibiotic, alcohol prep	Bandages, moleskin, antibiotic, alcohol prep					
Repair	Duct tape, needle, thread, storm matches	Duct tape, needle, thread, storm matches					
Knife	Opinel #6	Opinel #6					
Sunglasses	Oakley Jawbone	Oakley Jawbone					
Goggles	Oakley					Oakley Goggles	Oakley Goggles
Compass	Silva Spectra NOR	Silva Spectra NOR					
Maps/Permit	Maps/Permit	Maps/Permit					
Car keys/ID	Car keys/ID	Car keys/ID					
Sun screen	50 SPF	50 SPF					
Hygiene	Hand sanitizer/toothbrush	Hand sanitizer/toothbrush					
<b>Ski/Snow gear</b>							
BC skis		Karhu XCD GT, Rottefella bindings, Asolo Snowfield 75mm (or)					
Low-country skis		Altai Hok 145cm, Yeti bindings, Danner Mtn Light II (or)					
Showshoes		Tubbs Frontier showshoe, Danner Mtn Light II					
Poles		Black Diamond Fliplock poles with powder baskets					
Crampons		Camp crampon					
Shovel		BD Deploy 7 shovel					
<b>Additional Insulation (Options/Substitutions)</b>		Patagonia R2 vest (add'l) Patagonia R2 vest (add'l)					
		* Woolpower 400g full-zip turtleneck (sub for MH Monkeyman)					
		* Ibex Neve (Climawool/Schoeller 300g/m2) softshell jacket (sub for MH Monkeyman)					