

Gear	Quantity	Weight(g)	Total
Carrying			1150
Exped Lightning 60L	1	1150	1150
Shelter & Sleeping			2144
Zpack Hexamid Solo Plus	1	645	645
Synmat Basic 7.5 UL incl. Rep kit	1	445	445
Snozzelebag	1	70	70
Exped Air Pillow UL	1	50	50
Laufbursche UL Mat	1	150	150
Cumulus Lite Line 400	1	784	784
Other Clothing			1373
Hestra Active Wool Liner Glove	1	32	32
Haglöfs Wind Cap 2	1	35	35
Patagonia Nano Puff	1	274	274
Lundhags Liner Sock	1	37	37
Haglöfs LIM 2 Jacket	1	300	300
Everest Rain Pants	1	240	240
Haglöfs Shield Comp Hood	1	70	70
Icebreaker Oasis Set	1	375	375
Wettex (Towel)	1	10	10
Hydration & Cooking			293
Fancy Feast Stove (homemade)	1	7	7
Trangia Mini Pot incl Lid/Handle	1	119	119
Aluminum Foil Wind Screen	2	7	14
Food Cozy (homemade)	1	24	24
Fuel Bottle 0.5L PET	1	26	26
Fire Steel 2.0	1	31	31
STS AlphaLight Spoon	1	12	12
Foldable Cup	1	22	22
Platypus 1L	1	38	38
Hygiene, Med, Safety			472
First Aid Kit	1	35	35
Skin Lotion	1	40	40
Compass Silva Ranger SL	1	24	24

Headlamp Silva Siju	1	35	35
Victorinox Classic SD	1	22	22
Toiletries	1	200	200
Toilet Paper 10m	1	34	34
MSR Snowpeg (Trowel)	1	32	32
Repair Kit	1	50	50
Bug Spray			
Miscellaneous			692
Exped 1L Dry Bag	1	14	14
Pack Liner (plastic bag)	1	57	57
Earplugs	4	1	4
Sunglasses	1	31	31
Sony RX100 incl Bat and Cards	1	337	337
StickPic	1	12	12
iPhone incl Charger	1	188	188
Alarm Clock	1	37	37
Head Net	1	24	24
Total Carried			6136
Always Worn			
Womens Short Nylon Sock	1	10	10
Aclima Lightwool Shirt	1	165	165
Adidas SN Splitshorts	1	90	90
Salomon X Ultra	1	842	842
Inov8 Debrisgaiter 32	1	32	32
Pro Touch Wind Pants	1	200	200
Gripon 762 Poles	1	480	480
Total Worn			1819
Total			7943